



Outdoor ESCAPES New Hampshire, LLC

Lucie (LaPlante) Villeneuve, Wilderness Guide & Outdoor Educator
 49 Butternut Lane, Conway, NH 03818
 Cell (603) 528-0136 ~ Home office hours: Any time by chance
 naturenut@OutdoorEscapesNH.com ~ www.OutdoorEscapesNH.com

OFFICE USE ONLY A/L/G--

R Q
 D/P/GC--
 C M W/LR
 CC EL
 PH TY C--

Reservation Request Form for Custom Escapes and Group Programs

Instructions: After checking with us for availability (call or e-mail), please print and complete this 3-page form and either fax it, scan and e-mail it, or snail-mail it to Lucie so she can plan your adventure or program and give you some options and prices. When you book your ESCAPE, you will receive a confirmation packet with directions, itinerary, medical forms, and a pack list.

| CONTACT INFORMATION | | | | | |
|---|--------|--|----------------|---|---------|
| Name of Contact Person | | Organization Name, if Group | | Today's Date | |
| Mailing Address | Street | City/Town | State/Province | Zip Code | Country |
| E-mail Address (or FAX Number): | | | | | |
| Home/Work Phone Number(s) | | Best Time to Call | | | |
| Cell Phone Number | | Best Time to Call | | Will you be taking the cell phone to NH? <input type="checkbox"/> Yes <input type="checkbox"/> No <i>Cell phone service is not dependable in all parts of New Hampshire.</i> | |
| Accommodations that will be used prior to meeting us, if any (Name of lodging, campground, or host, Address & Phone) | | | | | |
| How did you learn about us? <input type="checkbox"/> Online search engine, Site: _____ Keywords used: _____ <input type="checkbox"/> Online tourism/magazine/event/other website, Site: _____ <input type="checkbox"/> Printed in tourism guidebook, map, magazine, or newspaper, Publication: _____ <input type="checkbox"/> Picked up our brochure, Location: _____ Television: _____ <input type="checkbox"/> Tourism visitor center staff, Location: _____ You are a previous participant <input type="checkbox"/> Referred to by an innkeeper, Location: _____ Relative or friend, Name if a previous participant: <input type="checkbox"/> Referred to by another Guide Service: _____ | | | | | |
| TELL US YOUR INTERESTS AND ABILITIES <i>We do our best to provide experiences that include people of all ages & abilities.</i> | | | | | |
| Your party is best described as <input type="checkbox"/> Individual <input type="checkbox"/> Couple <input type="checkbox"/> Family <input type="checkbox"/> Adult Group <input type="checkbox"/> Youth Group <input type="checkbox"/> Tour Group <input type="checkbox"/> Other: | | | | | |
| Total Number of Participants: | | Number of participants age 18 and over _____ | | Ages _____ | |
| | | Number of participants under age 18 _____ | | Ages _____ | |
| Overall physical fitness of your party <input type="checkbox"/> Extremely good shape <input type="checkbox"/> Exercise/play regularly <input type="checkbox"/> On our feet all day <input type="checkbox"/> Couch/computer potatoes <i>Good muscle tone and endurance are recommended for our active adventures.</i> <i>Prepare with strength training and aerobic exercise as recommended by your doctor and trainer.</i> | | | | | |
| Please list any pertinent experience you/your group have had: | | | | | |
| In general, please list any restrictions our leaders should know about (for planning purposes only...no names necessary at this time) <input type="checkbox"/> Dietary _____ <input type="checkbox"/> Mental/Emotional _____ <input type="checkbox"/> Allergies _____ <input type="checkbox"/> Phobias _____ <input type="checkbox"/> Physical _____ <input type="checkbox"/> Other _____ | | | | | |
| Date(s) and Times of your reservation that you have discussed with Lucie at Outdoor ESCAPES New Hampshire: | | | | | |
| Duration: <input type="checkbox"/> 2 Hours (# sessions____) <input type="checkbox"/> Half-day/3-4 hrs. (# sessions____) <input type="checkbox"/> Full-day/6-8 hrs. (# sessions____) | | | | | |
| Overnight trips: <input type="checkbox"/> 2 Days <input type="checkbox"/> 3 Days <input type="checkbox"/> 4 Days <input type="checkbox"/> 5 Days <input type="checkbox"/> 6 Days <input type="checkbox"/> 7 Days <input type="checkbox"/> 8 Days <input type="checkbox"/> 9 Days <input type="checkbox"/> 10+ Days | | | | | |
| Which meals would you like included? <input type="checkbox"/> Economy meals <input type="checkbox"/> Deluxe meals <input type="checkbox"/> No meals (will provide own) # of lunches: _____ # of dinners: _____ # of breakfasts: _____ | | | | | |
| Will you need us to provide ground transportation in New Hampshire before/after your ESCAPE with us? <input type="checkbox"/> No <input type="checkbox"/> Yes, Details: | | | | | |
| Please indicate the quantity of recreation equipment rentals needed. Details can be discussed by phone/e-mail. X-C Skis:____ Snowshoes:____ Child Carrier (backpack):____ Infant Carrier (front):____ Backpacks/Size:____ Dry Bags/Size:____ Canoes:(type____) Kayaks:____ (type____) Mountain Bikes/Helmets:____ Bivy Kits:(rent or buy) Tent:(size____) Other:_____ | | | | | |

CHOOSE YOUR ESCAPE

What are you calling it?

Preferred location, or area of New Hampshire, if known: Guide's choice, or... Great North Woods White Mountains
 Lakes Region Dartmouth/Sunapee Monadnock Merrimack Seacoast Specific Request:

Preferred shelter **during** multi-day ESCAPES: *Note: On a tour you may opt to go from inn to inn, from lean-to to lean-to, etc.*

None...day trip(s) only Combination of options below, please explain:

Roadside... Country Inn Lodge Bed and Breakfast Cabin Yurt Campground...need a tent: Yes No
 Remote... Campsite/Lean-to Yurt Cabin Hut

Please indicate which Type of ESCAPE you would like quoted, and follow the instructions for completing the options for your request:

Short outdoor recreation lesson, workshop, or clinic(s) (2-4 hours, or series)...Choose from the Recreation Activities below.

Team Building / Development for families and groups...Choose options in Teambuilding section, along with any others on this list.

Wilderness Educational Tour (any length) where you want to actively participate and practice outdoor skills, and/or learn about local nature and history...Choose options below to be included in your experience. *The longer the adventure, the more you get out of it.*

Wilderness Leisure Tour (any length) where you want to relax outdoors and the guides will handle most of the chores...Choose any options below to be included in your experience.

Indoor Presentation(s) (1-8 hours, or series)...Choose from Nature & History; Recreation Activities -> Survival & Backcountry Skills

S.U.V. Sightseeing Tour—Name of tour: _____, also indicate interests: Outdoor Photo. & Nature/History

Step-on Guide—for a motor coach tour, school bus, van, etc. ...Choose options in Outdoor Photo. & Nature/History sections

According to the instructions in the section above, please indicate your choices of activities in the sections below.

Recreation Activities

A note on timing: You may do two recreation activities in one day, or one activity for ten or more days.

Canoeing: Flatwater and quickwater lakes/ponds/rivers/estuary Quickwater to class II whitewater rivers

Kayaking: Flatwater/quickwater lakes/ponds/rivers Quickwater to Class II whitewater rivers Tidal water inlet/estuary/ocean

Hiking/Walking terrain: Flatter smooth/bumpy/grassy Inclined gravel/rocky/grassy Steeper, narrow/rocky/scrambling

Snowshoeing/Winter Hiking

Backpacking (hiking or snowshoeing and camping one or more nights, available in every season)

Bicycling: Rail trails (stone dust, fairly level, gentle inclines) Designated paved bicycle paths (can be hilly) Roadside

Wide logging or country roads with little or no motorized vehicles (can be hilly) Narrow mountain trails, double & single track

Cross Country Skiing: Groomed trails Ungroomed trails on backcountry terrain and/or snowmobile trails

Target Archery

Survival & Backcountry Skills:

Wilderness Ethics & Low-Impact Practices Emergency Shelter Building (Primitive & Modern) 10 Essentials

Fire Building (Primitive & Modern) Navigation with Map and Compass Orienteering

Outdoor Cooking with Camp Stoves Staying Healthy on the Trail Knot Tying

Assemble & Take Home a Survival Kit Wilderness Trip Planning and Leadership Signaling

Environmental Hazards Weather

We can also arrange these guided experiences for you:

Fly Fishing Spin Casting Ice Fishing Hunting Snowmobiling 4-Wheeling Dog Sledding/Carting

Horseback Riding Mountaineering, Rock and Ice Climbing

Outdoor Photography

Guided tours and tips: Still photography, videography, sketching, painting, etc.

Subjects: Wildlife Plants/Wildflowers Natural Landscapes (seacoast, lakes, mountains, river valleys, alpine zone)

Waterfalls Fall Foliage Winterscapes Harvest/Farms Quaint country towns Church Steeples

Covered Bridges Historic Buildings Outdoor sports action Modern Cultural Scenes Other:

Nature and History

Age-appropriate field experiences or presentation topics

New Hampshire's Changing Landscape and Its Inhabitants (overview of natural and human history)

All About Moose...and/or deer, bear, fisher, pine marten, muskrat, porcupine, otter, coyote, bobcat, beaver, etc.

Animal Tracking, Behavior, and Signs

Railroads to Rail Trails

Birds of New Hampshire...bald eagle, loon, migrations, etc.

Reptiles and Amphibians All Year

Covered Bridges of New Hampshire

River Systems of New Hampshire

Forestry: New Hampshire's Past and Present

Seacoast Creatures...birds, shellfish, mammals, fish, etc.

Geology of New Hampshire

Stargazing

Lighthouses on New Hampshire's Seacoast

Stonewalls, Orchards, and Sap Buckets: NH's Farm History

Nature at Night in New Hampshire

Waterfalls and Cascades around New Hampshire

New Hampshire's Habitat Diversity

Weather in the White Mountains

Plant Identification...trees in winter, wildflowers, edibles, etc.

Wildflowers of the Granite State

Teambuilding, Leadership, and More Life Skills

For families and groups

Ice Breakers Initiatives Adventure-Based Games Low-Ropes Course High-Ropes Course

Indoor Rock Climbing Wall Orienteering Zip Line

Community Projects, such as river cleanup and trail maintenance

Leadership Topics, such as Communication and Group Dynamics

Wilderness Trip Planning and Leadership—see specific topics listed under Recreation Activities -> Survival & Backcountry Skills

Make & Take Home Workshops: Sew your own fleece clothing Sew a lightweight emergency shelter

Survival kit assembly Fletching arrow pencils

Equipment Use, Maintenance, & Repair Clinics: GPS Bicycle Cross country skis Canoe/Kayak Tent Camp stove

Policies and Procedures

These Policies and Procedures are subject to change without notice. (Last updated 5/18/2008)

Trips, Tours, Instruction, & Presentations (ESCAPES) with Outdoor ESCAPES New Hampshire, LLC (OENH)

1. Group size may be limited. See listings for minimum and maximum participation.
2. Participants will travel in the wilderness with respect for wildlife and the natural environment, and will adhere to all federal, state, local, and private rules and regulations. Alcohol and illegal substances will not be tolerated.
3. Liability, Safety, and Responsibility: We offer ESCAPES requiring various degrees of fitness. We are not qualified to evaluate your fitness so you must evaluate your fitness as appropriate for any given ESCAPE. If you are overweight, or in poor physical condition, you should consult with your physician before participating in our active ESCAPES. We make every effort to provide you with a fun trip. Your guides will give you instructions before each trip and it is important that you listen and do as they say. You will assume the responsibility for many decisions affecting your safety during this trip. Although every precaution is taken to safeguard you and your belongings, remote wilderness adventure trips involve activities that can be physically demanding with inherent elements of risks and dangers, which are beyond our control. OENH shall assume no responsibility for personal injuries or deaths and loss of personal property. We highly recommend that you have medical insurance and consider purchasing travel insurance. Travel insurance coverage can help with expenses for the unforeseeable such as lost baggage, trip delays, emergency evacuation, and cancellation due to illness.
4. Each participant is responsible for personal gear. Due to New Hampshire's unpredictable weather, we highly recommend bringing everything on your customized Pack List in order for you to have a comfortable outdoor experience for the duration of your trip. If you are missing something, your trip may be cut short. Our goal is safety, fun, and learning, so please take the Pack List seriously in order to prevent problems and minimize risks.
5. Each Participant (and parent/guardian of each Participant under 18) must complete and sign a "Participant Agreement, Release, and Acknowledgement of Risk" form.
6. Each Participant (and parent/guardian of each Participant under 18) on full day and longer trips must complete and sign a "Medical Form." Certain trips will require a doctor's approval.
7. Youth under age 18: allowed with an accompanying adult. Youth groups must have adequate supervision coverage.
8. Travel with dogs will be limited to certain areas.
9. Helmets must be worn when bicycling.
10. PFDs (Personal Floation Devices) must be worn when paddling canoes and kayaks.
11. Safety glasses must be worn during archery and range rules must be obeyed.

Reservation Procedures

1. Our small wilderness guide service holds office hours by chance. Please allow a few days to respond to inquiries.
2. There are 4 ways to participate in ESCAPES with OENH, and each has a Reservation Form to complete:
 - Custom ESCAPES** – Flexible dates. Prices, duration, locations vary...for individuals, families, small groups.
 - Packages** - Flexible dates. Locations and accommodations vary...for individuals, families, small groups.
 - Special Events** - Join a group activity already set up...for individuals and couples.
 - Group Programs** – A variety of activities are offered and customized for small and large groups of all ages.
3. Gift certificates are available. Their use is subject to these policies and procedures.
4. We recommend checking for availability and reserving early by phone or e-mail. When requesting a Custom ESCAPE or Group Program, you need to fill out the appropriate form to get a price quote from us. When reserving a Package or Special Event, you need to complete the appropriate form. Please note that there will be a fee for any dog(s) allowed to participate.
5. **Payment**
 - A. Full payment is due when booking within 30 days of ESCAPE.
 - B. Advanced booking: A 50% non-refundable deposit holds your reservation, which must be received within 7 days of booking. The balance is due 30 days prior to the ESCAPE.

Payments are accepted by check or money order payable to Outdoor Escapes New Hampshire, LLC, 49 Butternut Lane, Conway, NH 03818. If you wish to pay with a credit card, please call for secure options. Last-minute reservations must pay cash upon meeting guide. Prices are in US\$.
6. A confirmation packet will be e-mailed, mailed, or faxed--includes directions, pack list, and other pre-trip forms.

Cancellation/Refund Policy

Up to 30 days prior to your ESCAPE, you may transfer your deposit to another date or to other participant(s), or you may cancel your ESCAPE. By canceling your ESCAPE at this time, you will forfeit your 50% deposit. Absolutely no refunds will be given for cancellations during the 30 days prior to the date of your ESCAPE. In the case of severe weather or other unforeseen conditions (rare), OENH will offer an alternative activity, or arrange another date for your ESCAPE. We customize each ESCAPE for safety, fun, and learning.

By signing this form, it is understood that I have provided accurate information regarding this reservation and that I have read, understand, and agree to the Policies & Procedures of Outdoor ESCAPES New Hampshire, LLC.

Contact Person's Signature _____ Date _____ Amount Enclosed \$ _____